

## Recommended Resources: Chapter 7

*Suggestions for further reading to extend and deepen knowledge, and to add context.*

*You are urged to preview recommended sources and judge their suitability for your own classroom use.*

### Publications

Bicchieri, C. (2006). *The Grammar of Society. The nature and dynamics of social norms*. Cambridge: Cambridge University Press.

This is a comprehensive study of the changing norms in human relations as functions of social psychology, evolutionary game theory and the psychological dispositions of the individual. For more advanced students.

Buss, D. M. (1994). *The Evolution of Desire: Strategies of human mating*. New York: Basic Books.

This is a biological, evolutionary-based synthesis of elements including physical attraction, infidelity and sexual orientation into a unified theory of mating behaviour.

### Websites

[IB Psychology InThinking subject sites](#)

*A paid subscription is required to view most of the materials on this site, which is constantly revised and updated.*

The human relationship sections contain quality, lively and up-to-date material specifically for IB requirements. Particularly recommended for supplementing material in the coursebook are [the altruism wall](#) and [online dating](#) activities, the [editing relationships paragraphs](#) activity, and the sections on [social responsibility](#) and [group dynamics](#).

[Psychlotron](#)

A comprehensive website for studying psychology at this level, it includes a series of worksheets on both altruism and the various stages in the life cycle of a relationship.

[The Psychologist](#)

A regularly updated site from the British Psychological Society. It includes a wide range of articles and other resources on personal relationships, violence and altruism, including [The peacock's tail of altruism](#), which explores directions altruism can take, and possible connections between video games and violence: [Is video game violence bad?](#)

[Psychology Today](#)

This has a wide range of easy-to-follow articles on relationships, violence and altruism.

[TED](#) and [TEDEd](#)

TED (and TEDx) talks focus on many aspects of human relationships. Recommended talks include Esther Perel in [The secret to desire in a long term relationship](#), Matthieu Ricard in [How to let altruism be your guide](#), Sally Kohn in [What we can do about the culture of hate](#) and Helen Fisher in [Technology hasn't changed love. Here's why](#).